

**Table 2**

**Common medications known to impair cognition**

Condition	Drug class	Drugs to avoid in cognitive impairment	Recommended alternatives
Urinary frequency	Anticholinergics	Oxybutynin Tolterodine	Darifenacin Trospium Solifenacin
Nausea/vomiting	Antiemetics	Cyclizine Metoclopramide Prochlorperazine	Domperidone Serotonin 5-HT3 antagonists
Irritable bowel	Antispasmodics	Atropine sulphate	Mebeverine
Pain	Analgesics	Codeine Tramadol Fentanyl patches	Paracetamol Topical NSAIDs Buprenorphine
Allergy	Antihistamines	Chlorpheniramine	Cetirizine