

GOLD guideline criteria for the assessment of symptoms and the risk of exacerbation³

	Symptoms	
Pisk of ovacorbation	MRC dyspnoea scale score 1-2	MRC dysphoea scale score 3-5
RISK OF EXACEI DALION	CAI SCOLE < 10	CATSCOLE TO OF THOSE
2 or more annual exacerbations or 1 or more hospitalisation	GOLD C	GOLD D
0 or 1 annual exacerbation with no hospitalisation	GOLD A	GOLD B
CAT = COPD Assessment Test		

Figure 1b

Pharmacological treatment algorithms by GOLD grade³

GOLD C

LAMA

If further exacerbations:

Preferred: LABA + LAMA Alternative: LABA + ICS

GOLD A

A bronchodilator

then evaluate effect

Continue, stop or try alternative class of bronchodilator

GOLD D

LAMA

If further exacerbations:

LABA + LAMA

If persistent symptoms or further exacerbations:

Preferred: LABA/ICS + LAMA Alternative: LABA + ICS

If further exacerbations:

 Consider azithromycin in former smokers
Consider roflumilast if FEV₁ < 50% predicted and patient has chronic bronchitis

GOLD B

A long-acting bronchodilator (LABA or LAMA)

If symptoms persist:

LABA + LAMA