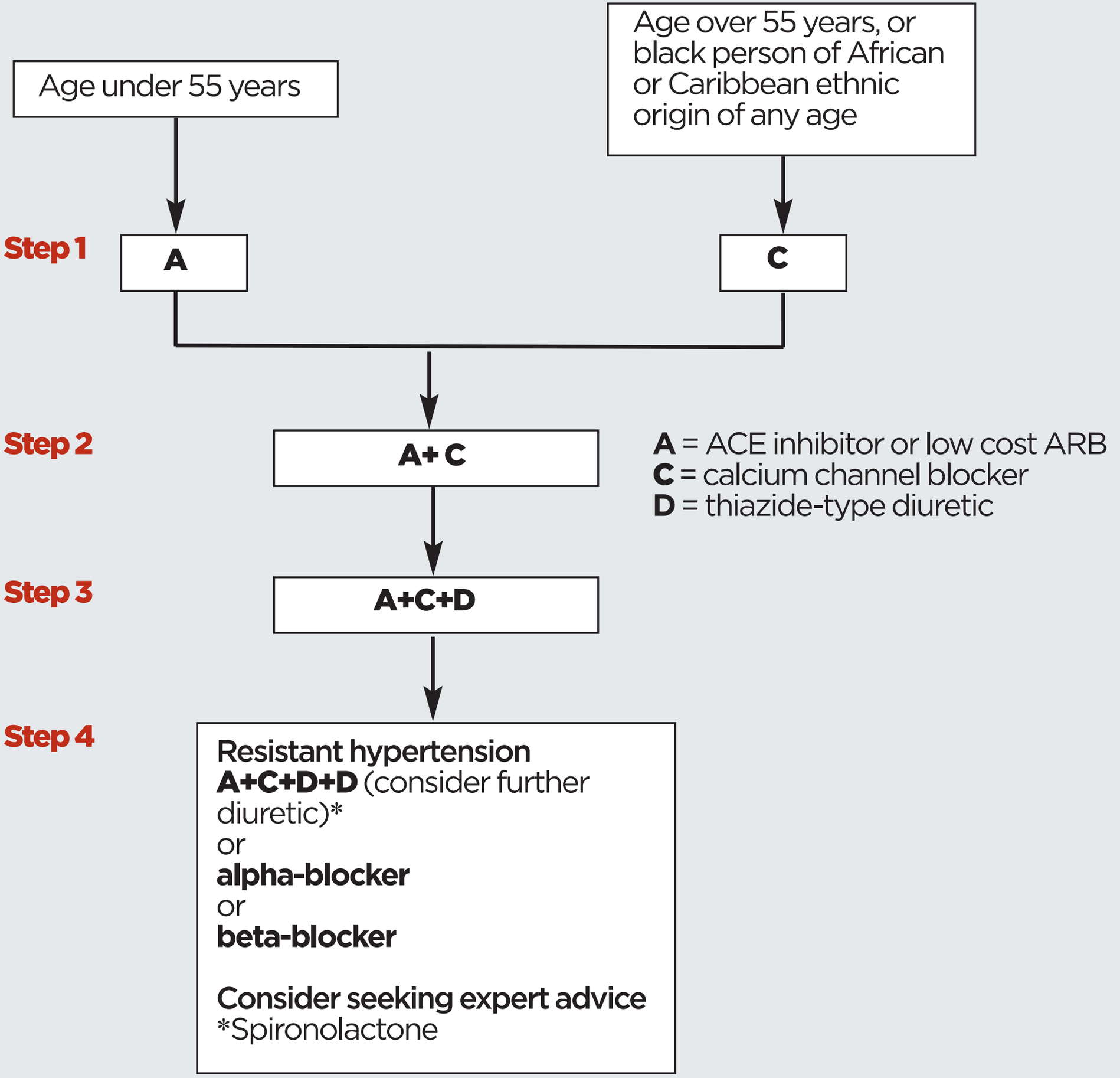

Age under 55 years
Age over 55 years, or black person of African or Caribbean ethnic origin of any age
Step 1
A
C
Step 2
A+ C
A = ACE inhibitor or low cost ARB
C = calcium channel blocker
D = thiazide-type diuretic
Step 3
A+C+D
Step 4
Resistant hypertension
A+C+D+D (consider further diuretic)*
or
alpha-blocker
or
beta-blocker
Consider seeking expert advice
*Spironolactone