

Table 1**The holistic approach to assessing disease severity in atopic eczema³**

Skin/physical severity		Impact on quality of life and psychosocial wellbeing	
Clear	Normal skin, no evidence of active atopic eczema	None	No impact on quality of life
Mild	Areas of dry skin, infrequent itching (with or without small areas of redness)	Mild	Little impact on everyday activities, sleep and psychosocial wellbeing
Moderate	Areas of dry skin, frequent itching, redness (with or without excoriations and localised skin thickening)	Moderate	Moderate impact on everyday activities and psychosocial wellbeing, frequently disturbed sleep
Severe	Widespread areas of dry skin, incessant itching, redness (with or without excoriation, extensive skin thickening, bleeding, oozing, cracking and alteration of pigmentation)	Severe	Severe limitation of everyday activities and psychosocial functioning, nightly loss of sleep