Clinical diagnostic criteria for complex regional pain syndrome

A-D must apply

A The patient has continuing pain which is disproportionate to any inciting event ☐
B The patient has at least one sign in two or more of the categories ☐
C The patient reports at least one symptom in three or more of the categories ☐
D No other diagnosis can better explain the signs and symptoms ☐

Category		Sign (you can see or feel a problem)	Symptom (the patient reports a problem)
1 Sensory	Allodynia (to light touch and/or temperature sensation and/or deep somatic pressure and/or joint movement) and/or hyperalgesia (to pinprick)	☐	Hyperaesthesia also qualifies as a symptom ☐
2 Vasomotor	Temperature asymmetry and/or skin colour changes and/or skin colour asymmetry	If you notice temperature asymmetry: must be > 1°C ☐	☐
3 Sudomotor/oedema	Oedema and/or sweating changes and/or sweating asymmetry	☐	☐
4 Motor/trophic	Decreased range of motion and/or motor dysfunction (weakness, tremor, dystonia) and/or trophic changes (hair/nail/skin)	☐	☐