

## Table 5

### Guidance for pancreatic enzyme replacement therapy (PERT)<sup>33,34</sup>

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- PERT should be started in secondary care and prescribing transferred to primary care with agreement from the GP
- Starting dose of 50,000 units with meals and 25,000 units with snacks recommended but may need increasing
- Gastric acid suppression with proton pump inhibitors or H<sub>2</sub>-receptor antagonists may be necessary to improve absorption
- Most enzyme supplements are porcine but have been approved for use by both Jewish and Islamic communities
- PERT should not be prescribed for pain alone