Box 1

Factors to be monitored and recorded on asthma review in primary care

- Symptomatic asthma control
 Lung function assessed by spirometry or PEF
- Asthma attacks, oral corticosteroid use and time off work since last assessment
- Inhaler technique
- Adherence
- Bronchodilator reliance
 Possession and use of an asthma self-management plan